


 JAN	FEB	MAR	 APR	MAY	JUN	 JUL	AUG	SEP	 OCT	NOV	DEC
Apples	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Pears	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Cherries	✓	✓	✗	✗	✗	✗	✗	✗	✗	✗	✓	✓
Nectarines	✓	✓	✓	✗	✗	✗	✗	✗	✗	✓	✓	✓
Peaches	✓	✓	✓	✗	✗	✗	✗	✗	✗	✗	✓	✓
Plums	✓	✓	✓	✓	✗	✗	✗	✗	✗	✗	✗	✓
Oranges	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mandarins	✗	✗	✗	✓	✓	✓	✓	✓	✓	✓	✓	✗
Grapes	✓	✓	✓	✓	✓	✗	✗	✗	✗	✗	✗	✓
Strawberries	✓	✓	✓	✗	✗	✓	✓	✓	✓	✓	✓	✓
Kiwi Fruit	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Bananas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Passionfruit	✗	✗	✓	✓	✓	✓	✓	✓	✓	✓	✗	✗



SEASONAL FRUIT AVAILABILITY CHART

We work very closely with our growers within the Sydney Produce Markets to source the highest quality seasonal local fruit and vegetables.

Our attention to detail and understanding of produce allows the iFresh team to deliver the ripest and tastiest fruit & veggie boxes straight to your office.



-  Full Supply
-  Light-Moderate Supply
-  Out of Season



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